

SAN JUAN HEALTH CARE FOUNDATION PRESENTS  
THE CARING FRIENDS FUND ANNUAL  
**GRIN AND BARRETT CHARITY RIDE**  
**JULY 16, 2011**

FEATURING THE "BLACK CANYON BUTTKICKER CENTURY"

REGISTRATIONS MAY BE PICKED UP AND SUBMITTED TO:  
**CASCADE BICYCLES**  
**21 N. CASCADE, MONTROSE, CO 81401**  
**PHONE 249-7375**  
**Or online at: gbbiketour.com**

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

CITY/STATE/ZIP \_\_\_\_\_ PHONE NUMBER \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_ NEED A RIDE TO BLUE MESA DAM (YES) \_\_\_\_\_ (NO) \_\_\_\_\_

CIRCLE T-SHIRT SIZE: SM MED LARGE XLARGE XXLARGE

\$60.00 ENTRY FEE for Black Canyon Buttkicker Century includes T-shirt, aid station & transportation \$ \_\_\_\_\_

\$50.00 ENTRY FEE for shorter (33/50/75-mile) distances includes T-shirt and aid station \$ \_\_\_\_\_

**ENTRY FEES DUE BY JULY 1<sup>st</sup>. LATE ENTRIES RECEIVED AFTER JULY 1<sup>st</sup> MAY NOT RECEIVE T-SHIRTS.**

**CONTRIBUTIONS IN EXCESS OF THE ENTRY FEES GO DIRECTLY TO THE CARING FRIENDS FUND AND ARE ENCOURAGED AS A TAX DEDUCTABLE CONTRIBUTION.** \$ \_\_\_\_\_

ENTRY/PAYMENT TOTAL ..... \$ \_\_\_\_\_

METHOD OF PAYMENT:

Check # \_\_\_\_\_ or Money Order \_\_\_\_\_ Credit Cards # \_\_\_\_\_ Exp date \_\_\_\_\_  
(Credit Card payment will be charged 3% processing fee)

**PAYABLE TO: SAN JUAN HEALTH CARE FOUNDATION (SJHF)**

ROUTE MAPS AVAILABLE UPON REQUEST AT CASCADE BICYCLES/WWW.GBBIKETOUR.COM.  
BE PREPARED FOR ANY WEATHER. THE RIDE WILL TAKE PLACE RAIN OR SHINE.

***Ride information attached to Registration Form***

EARLY CHECK IN IS ON JULY 15<sup>th</sup> FROM 6:00 P.M. TO 8:00 P.M. AT THE BEST WESTERN RED ARROW.  
PARTICIPATION WRIST BANDS WILL BE ISSUED AT THAT TIME.

**Liability Waiver**

The undersigned, for myself, my heirs and assigns, hereby agree to indemnify and hold harmless the San Juan Healthcare Foundation and all of its sponsors, their agents, employees, representatives, or assigns from any and all action, causes of actions, or claims for injuries or damages the undersigned may have by reason of participation in the Grin and Barrett Charity Ride on Saturday, July 16, 2011. If my child or I require medical attention, I hereby give my consent to medical personnel to provide such medical care as is deemed necessary by such authorized personnel.

Participant Signature

Date

Signature of Parent/Legal Guardian

Date

\_\_\_\_\_

## *Grin & Barrett Charity Ride Information*

- The Grin & Barrett Ride is a charity fun ride for the San Juan Healthcare Foundation in support of the Caring Friends Fund. The money raised from the ride supports patient wellness at Montrose Memorial Hospital and the San Juan Cancer Center by providing assistance to patients who are not covered by traditional treatment methods (massages, food and lodging assistance for out of town family members, video games/movies for patients and other services not traditionally provided).
- The Grin & Barrett Charity Ride is not a race, it is a fun ride. Go hard if you want but enjoy the ride at your own pace.
- The Ride from Blue Mesa Dam through Crawford returning to Montrose via Delta is a challenging century route with 6,000 feet (more or less) of total vertical elevation gain and has some of the most awesome scenery in the State.
- The 33/50/75-mile ride loops around the Montrose, Olathe and Delta communities. These loops are scenic and are moderately challenging.
- Late entries may not be eligible for event T-shirt.
- SNELL or ANSI approved helmets are required for all riders.
- Cell phones and *a* small amount of money are encouraged (this is for safety reasons *or* should riders need to purchase snacks/drinks along any of the routes in between aid stations).
- All riders will have a participation wrist band issued for the event.
- All distances will be supported with aid stations, limited mechanical assistance and SAG vehicles.
- The 35/50/75-mile ride will start between 7:00-9:00 am (riders can choose their start time with *the* last riders out at 9:00 am) from Best Western Red Arrow and finish at the Best Western Red Arrow.
- The “**BLACK CANYON BUTTKICKER CENTURY**” will begin at Blue Mesa Dam at 7:00 am with transportation from Best Western Red Arrow to the Dam provided for both riders and their bicycles (departing Best Western Red Arrow at 6:00 am). The finish will be at Best Western Red Arrow.
- Riders from outside the Montrose area can obtain lodging information from the Best Western Red Arrow Motel, 970-249-9641. Let them know you are coming for the Grin & Barrett Ride.
- A Post Ride Celebration will follow the ride starting at 2:30 p.m. until 7:30 p.m. All riders, volunteers, event staff and sponsors are invited to the Best Western Red Arrow Motel courtyard for food (provided by Montrose Memorial Hospital Chef Mike Krull and staff), beverages (supplied by Horsefly Brewery), and live entertainment. If desired you should bring lawn chairs for sitting.
- Family and guests of riders can attend the post event celebration for \$25 per person (15 years and older), \$10 per person (14 years and younger) for the meal and entertainment. All riders will use their bike ride wrist bands for entry.
- All riders should be prepared for changing weather conditions, rain or shine.

**See reverse for information on the Aid Stations.**

**Aid Stations will be open only at the following times:**

Hermits Point: 8:00 a.m. – 10:00 a.m.

North Fork Bank (Hotchkiss): Shuts down at normal closure of 12:00 noon

Delta Bank: Shuts down at 2:30 p.m.

Olathe Town Park: 8:00 a.m. – 4: 30 p.m.

Pea Green: 8:00 a.m. – 12:00 noon

All ride support and SAG vehicles end at 5:00 p.m.



# Best Western Red Arrow In beautiful Montrose Colorado

1702 East Main Street  
Montrose, Colorado 81401  
(800)468-9323 (970)249-9641

- Large Spacious Rooms*
- Exercise Facility*
- Full Hot Breakfast*
- Fridge and Microwave in every room*
- Indoor Hot Tub*
- Outdoor Heated Pool*
- Free High Speed Internet*
- Guest Laundry*
- Patio or Balcony with Rooms*
- Poolside Lounging Area*
- Playground*
- Jacuzzi Suites*
- Our Standard Amenities Are Anything But!*



## We are Proud Sponsors of the Grin and Barrett Charity Bike Ride



Special Discounted Rates  
Available to all  
Grin and Barrett Riders!

**\$89.99** plus tax

Rate is based on Awt 14111111  
To receive Discounted Rate you must be made by June 10th 2011.  
Call to make your reservations  
just mention the Grin and Barrett  
Ride to receive the discount!

**249-9641**



**We look forward to seeing you!**

Each Best Western Hotel is Independently Owned And Operated. Best Western The World's Biggest Hotel Family.